U S. Department of Labor Office of Labor Mahagement Standards 'Washington DC 20210

FORM LM-30 LABOR ORGANIZATION OFFICER AND EMPLOYEE REPORT

Form approved
Office of Management
and Budget
No 1215 0188
Expires 11 30 2006

This report is mandatory under P L 86-257 as amended Failure to comply may result in criminal prosecution fines or civil penalties as provided by 29 U S C 439 or 440



READ THE INSTRUCTIONS CAREFULLY BEFORE PREPARING THIS REPORT

1 File Number U 9997	2 Fiscal Year Covered From			
	7/1/2004 Through 12/31/2004			
3 Name and address of person filing	4 Name file number and address of labor organization			
Name MichAEL L Foster	Name National-Postal-Mail Handlers Union; Labor Organization File Number 3/70591			
PO Box Bldg Room No If any P. D. 253C4	PO Box Building and Room Number If any PD Box 25364			
Street /135 Broad way	Street 1/35 Broadway			
City Albuquerque	Street 1135 BROADWAY City AlbuqueRque			
State NM ZIP Code + 4 3 87/2.5	State N M ZIP Code + 4 87/25			
5 Position in labor organization PRESI den +				
Enter appropriate data below if during the past fiscal year you or your spo (except as specified in the exclusion). A. Heid an interest in engaged in transactions (including loans) with or monetary value from an employer whose employees your organization.	derived income or other economic benefit of			
6 Name and address of Employer (including trade name if any)	7 a Nature of Interest Transaction or Income			
Name	•			
Trade Name If any				
PO Box Bidg Room No If any				
PO Box Bidg Room No If any	7 b Amount.			
PO Box Bidg Room No If any Street	7 b Amount.			
F	7 b Amount.			
Street	7 b Amount.			
Street City ZIP Code +4 C	7 b Amount.			
Street ZIP Code + 4 Signature and verification - The undersigned declares under penalty of	Perjury and other applicable penalties of the law that all of the information ring documents) has been examined by the signatory and is to the best of the			

Name of Person Filing	File Number U
B Held an interest in or derived income or economic benefit with monetary values substantial part of which consists of buying from selling or leasing to or other of an employer whose employees your labor organization represents or is actively part of which consists of buying from or selling or leasing directly or included ing with your labor organization or with a trust in which your labor organization.	wise dealing with the business vely seeking to represent or directly to or otherwise
8 Name and address of Business (including trade name if any)	9 Business deals with
Name First HEAlth Trade Name if any PO Box Bldg Room No if any Street 3200 Highland Ave City Downers Grove - State Ithinois ZIP Code+4 60515	Labor Organization b Trust c Employer
10 If 9 b or 9 c is checked give trust or employer's name	11 a Nature of such dealing
Name	First Health underwrites the Mail Handler BENEFIT Plan which is conserved
Trade Name if any	Handler BENEFIT Plan which is sponsessed by the NPMHU
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Street	11 b Approximate dollar value of such dealing DUER 2 billion
City	12 a Nature of interest held or income received
State ZIP Code + 4	Manch 2004
	March 2004
	12 b Amount \$ 160.00
C Received from any employer (other than an employer covered undor from any labor relations consultant to an employer any payment of money	
13 a Name and address of Employer or Labor Relations Consultant (including trade name if any)	14 a. Nature of payment.
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Trade Name if any	1
P O Box, Sldg Room No if any	
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14 b. Amount of payment.

or Consultant

13 b is the Business an Employer

14 b Amount of payment.

or Consultant

13 b is the Business an Employer

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or from any labor relations consultant to an employer any payment of money or other thing of value				
13.a Name and address of Employer or Labor Relations Consultant (including trade name if any)	14 a. Nature of payment.			
Name	4			
Trade Name if any				
P O Box, Bidg Room No if any	(
Street	,			
City				
State ZIP Code + 4				
13 b is the Business an Employer or Consultant ?	14 b Amount of payment.			

Name of Person Filing		File Number U	
B Held an interest in or derived income or economic benefit with monetary valuable substantial part of which consists of buying from selling or leasing to or otherwork of an employer whose employees your labor organization represents or is active (2) any part of which consists of buying from or selling or leasing directly or indicating with your labor organization or with a trust in which your labor organization.	wise dealing with the busines vely seeking to represent or lirectly to or otherwise	s	
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13 a Name and address of Employer or Labor Relations Consultant (including trade name if any)	14 a. Nature of payment.	to seems seems to make the	
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City			
State ZIP Code + 4			
13 b Is the Business an Employer or Consultant ?	14 b Amount of payment.	-	